



## Buzzard's Glory 5k

27th Annual - Saturday, August 1<sup>st</sup> 2020 – 8:30am - Coldwater, Ohio

**Time/ Course:** Chip timed 5k Run/Walk starts at 8:30am, begins and ends at Cavalier Stadium.  
½ & 1 mile Little Foot Fun Run (pre-registration only) starts at 7:55am at Cavalier Stadium.  
\*5k Race Day Registration 7-8am. \*See back for 5k course map.

**Registration:** 5k:

Adult Pricing:

\$25 pre-registration w/ Dri-Fit Tech Shirt. Men's & women's sizes available.

\$15 pre-registration w/o shirt

\$20 race day registration.

**\*All shirts ONLY available with pre-registration – none will be sold race day.**

14 & Under Pricing:

All 14 and under Mercer Health 5k entries are FREE in 2020! Use the code FREE2020 when pre-registering. If you would like a shirt, they are \$10 and available with pre-registration only.



**\*Pre-Registration available online ONLY at [www.cantstoprunningco.com](http://www.cantstoprunningco.com)**

**T Shirt Registration Deadline: Friday, July 24 2020**

**Online Registration Deadline: Tuesday, July 28 2020**

**Little Foot Run – 12 & Under, PLEASE pre-register so we can accurately plan.**

½ & 1 miles options available. See back for info.

\$15 pre-registration w/ Dri-Fit Tech shirt, \$5 pre-registration without shirt, \$10 race day registration

**Awards:**

Door Prizes and Awards at Coldwater Park after race.

Awards to male & female 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place overall and 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> in each age group.

Celebration and Awards Ceremony for the Mercer Health 5k Challenge afterwards.

**Age Groups:**

Male & Female:

10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 65 and over

**For All Runners:**

Parking available in Cavalier Stadium lot on Butler Street.

Water, First-Aid & Radio Communications on the course. Splits at 1, 2 & 3 mile markers.

Refreshments at the finish.

Restrooms & showers available at start & finish.

RESULTS AVAILABLE ONLINE AT [www.mercerhealth5kchallenge.com](http://www.mercerhealth5kchallenge.com) &

[www.cantstoprunningco.com](http://www.cantstoprunningco.com)

Call Innergy Fitness at 419-763-1111 with any questions.

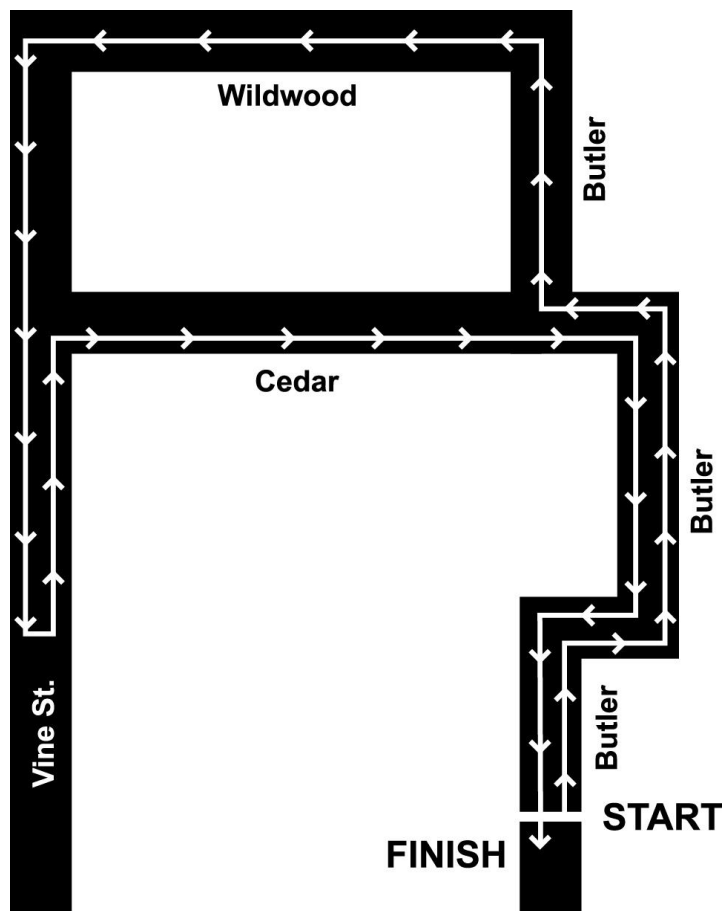
**Proceeds:**

100% of proceeds go to Coldwater Memorial Park & Coldwater Library

**Course Record:** Male: Mitch Williams, Celina, Oh – 15:28 (2011)  
Female: Rachel Dickman, Grand Ledge, MI – 17:34 (2016)

# Course Map

Come join us for the 27th annual Buzzards Glory 5k and experience running/walking through the friendly streets of the beautiful village of Coldwater. You will enjoy lots of crowd support full of motivational signs, cheers, and music along the way. We hope to see you!



# Little Foot Running Club & Little Foot Run

## Little Foot Run

The "Little Foot Run" has been established to give the kids in the "Little Foot Running Club" an end goal as well as to promote fitness to all children in our area. There will be both a ½ mile and full mile goal option. Kids are also welcome to run the 5k at a discounted price. Visit [www.cantstoprunningco.com](http://www.cantstoprunningco.com) to register for the Little Foot Run or 5k.

**Kids do not have to be a part of the "Little Foot Running Club" to be able to participate in the "Little Foot Run".**

## Little Foot Running Club

There will be a one week camp for little runners in our area, put on by The Little Foot Running Club. Details will be established on the "Little Foot Running Club" group on Facebook. Be sure to join the group for info as it's shared.