

Race Location: Starts and ends at Shane's Park, 705 W. Front Street, Rockford, OH.

Times: Race Day Registration begins at 7:30am
Opening Ceremonies begin at 8:15am

Entry Fee: Pre-registration (post marked by July 1, 2020)
\$15 Pre-Registered – Without T-Shirt
\$20 Day of Race – Without T-Shirt
\$10 T-Shirts – Limited Supply day of race
Free Pre-Registered and Day of Race for all age 14 & Under



*Make checks payable to **Parkway Athletic Boosters** and mail entries to:
Shane's Crossing 5k, %Steve Fisher, 3953 Purdy Rd, Rockford OH 45882
For more information: Call 419-305-2080 or Email sfisher@jtdmh.org

Results: Available online at: www.mercerhealth5kchallenge.com

Awards: Top 3 - overall, and each Age Group, Male and Female.

Course: Flat, out and back course – time each mile, water stop.
Records: Male – Brendon Moody 15:18
Female – Melissa Lehmen 18:23

Door Prizes: All door prizes donated by generous sponsors. Must be present to win.

Age Groups: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-64, 65 & Over (Male & Female)

Race Directors: Ann Vian 419-953-5001 & Steve Fisher 419-305-2080

Proud member of the Mercer Health 5K Challenge where all 14 and younger participate free.

-----Cut Along Dotted Line-----

**ENTRY FORM AND WAIVER OF LIABILITY MUST BE SIGNED TO PARTICIPATE IN
THE SHANES CROSSING 5K RUN/WALK JULY 11th, 2020 AT 8:30 A.M.**

Age as of July 11, 2020 _____ Shirt Size (please circle)
Birthdate ___/___/___ Adult S M L XL XXL Youth S M L
SEX Male Female (please circle) Phone Number _____
Name _____ Amount Enclosed _____
Address _____ City _____
State _____ Zip _____ Email _____

In consideration of the acceptance of my entry, I, for myself executors, administrators, and assignees, do hereby release and discharge THE SHANES CROSSING 5K and any other sponsors and officials for all claims of damages, demands, or actions, whatsoever in any manner arriving, or growing out of my participation in said athletic event.

PARTICIPANT SIGNATURE AND PARENT/GUARDIAN IF UNDER 18 DATE